

# OSHA QUICK CARD™

## Protect Yourself Construction Personal Protective Equipment (PPE)

### Eye and Face Protection

- Safety glasses or face shields are worn any time work operations can cause foreign objects to get in the eye. For example, during welding, cutting, grinding, nailing (or when working with concrete and/or harmful chemicals or when exposed to flying particles). Wear when exposed to any electrical hazards, including working on energized electrical systems.
- Eye and face protectors – select based on anticipated hazards.

### Foot Protection

- Construction workers should wear work shoes or boots with slip-resistant and puncture-resistant soles.
- Safety-toed footwear is worn to prevent crushed toes when working around heavy equipment or falling objects.

### Hand Protection

- Gloves should fit snugly.
- Workers should wear the right gloves for the job (examples: heavy-duty rubber gloves for concrete work; welding gloves for welding; insulated gloves and sleeves when exposed to electrical hazards).

### Head Protection

- Wear hard hats where there is a potential for objects falling from above, bumps to the head from fixed objects, or of accidental head contact with electrical hazards.
- Hard hats – routinely inspect them for dents, cracks or deterioration; replace after a heavy blow or electrical shock; maintain in good condition.

### Hearing Protection

- Use earplugs/earmuffs in high noise work areas where chainsaws or heavy equipment are used; clean or replace earplugs regularly.

For more complete information:

 **Occupational  
Safety and Health  
Administration**  
U.S. Department of Labor  
[www.osha.gov](http://www.osha.gov) (800) 321-OSHA

OSHA 1260-09N-05

### MINIMUM REQUIRED TOOLS (ALL EMPLOYEES)

- TOOLBELT
- HAMMER
- TAPE
- CROW BAR
- CATS PAW
- 3 BB SLEDGE
- VISE GRIPS
- MARGIN TROWEL
- PENCIL
- HARD HAT
- SAFTY GLASSES
- KNIFE
- PLIERS
- GLOVES
- TWISTY
- RUBBER BOOTS

### CARPENTER TOOLS

- TOOLBELT & TOOL BOX
- HAMMER
- SHAYS SAW 8 POINT
- TRI SQUARE
- VISE GRIPS
- PENCIL & KEEL
- CROW BAR & CATS PAW
- PLIERS
- TWISTY
- TAPE MEASURE 30'
- LEVEL 36" OR 48"
- UTILITY KNIFE
- CHAULK BOX
- HARD HAT
- SAFTEY GLASSES
- 100' TAPE
- FRAMING SQUARE
- ALL MINIMUM REQUIRED TOOLS ABOVE

### FINISHER TOOLS

- MAG FLOAT
- MARGIN TROWEL
- 18" TROWEL, 14" TROWEL, & BURNER TROWEL
- 3/8 EDGER & 1/4 EDGER
- KNEE BOARDS OR PADS
- BRUSH
- TOOL BUCKET
- WATER BUCKET
- 3' OR 4' DARBY
- HARD HAT
- SAFTEY GLASSES
- RUBBER GLOVES & BOOTS
- ALL MINIMUM REQUIRED TOOLS ABOVE